

## **SIGNING UP FOR COMPETITIVE TENNIS AT HVTC**

### **I. Front Desk Sign-Up**

- > Summer Friday afternoon interclub matches  
Times will vary with each summer club-check schedule
- > Saturday 2-4 PM Match Play (Fall & Spring)  
This is for all groups except young players group  
This is mostly outdoor
- > Monday night high school team practice 8:30-10PM  
This is for HVTC members and non-members
- > Friday night 7-9PM or 7:30-9:30PM tournament play  
Check junior brochure for schedule
- > Thanksgiving Doubles tournament  
Check junior brochure for ages, skill and times
- > Winter break (December) singles tournament  
Check junior brochure for ages, skill and times
- > Friday night green dot singles play 7-7:30PM  
Check fall junior brochure
- > Summer HVTC Novice tournament  
Check spring/summer junior brochure for date & ages
- > Winter Interclub Matches  
Check board by pro staff office
- > Tennis Camps run by HVTC

### **II. Sign-up Is OnLine**

- > USTA Junior Team Tennis
- > USTA Junior Tournament Tennis
- > Any USTA Qualifier Tournaments

Note: The Dr. Joe Morris Memorial, a USTA tournament, run by HVTC stills does an online sign-up. Juniors should do both singles and doubles!

### **III. Sign-up online or by a paper entry form method**

- > This could occur when a non-sanctioned tournament is organized by any tennis facility. The Ann Arbor City Junior Tournament would be an example.

### **IV. Sports Psychologist On HVTC Pro Staff - Dr. Michael Ware**

If you struggle with confidence. If you over react and can not let go of mistakes.  
If you melt when you lose a lead. If you feel anxious when fans watch. Perhaps, it is time to work on your mental game.