



FALL 2025 - SPRING 2026 JUNIOR EXCELLENCE PROGRAM

(Members only)

Club policy: As of June 2025, Court Reserve accounts must have a Payment Profile attached to continue booking online programs and to make online payments. Please make sure you have a credit card or bank account set up in your account now (if you don't already) to prepare for fall registration.

HVTC's six-tier Junior Excellence program is ideal for players of varied ages and skill levels. From Young Players for newcomers to Tournament Excellence for experienced standouts, we have a group for anyone committed to advancing their game. We focus on fundamental skills and strategy while keeping in mind the need to have fun. Our 4 to 1 student-to-coach ratio allows our skilled, experienced, and enthusiastic instructional staff to maximize attention to the entire group.

Registration:

All registration is done on Court Reserve. You must have an account to sign up for classes. Click [here](#) to get started or to access your account. A club membership (Junior or Family) is required to participate in the Jr Ex Program. Memberships can be selected and purchased directly through Court Reserve. **Please make sure to select the child who is playing when registering for classes.**

*New Registration Procedure this year:

Classes are single-date only registration. This means that if you want to sign up for all classes in a session, you must check off boxes for each date.

Schedule:

<u>Session</u>	<u>Dates</u>	<u>Reg. opens @ 7am</u>
1 (6 weeks)	Sept 8 - Oct 19	Thurs Aug 14
2 (8 weeks)*	Oct 20 - Dec 21*	Thurs Sept 25
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3 (10 weeks)	Jan 5 - Mar 15	Thurs Dec 11
4 (10 weeks)**	Mar 16 - May 24**	Thurs Feb 19

*No classes Thanksgiving week Nov 24-30

**No classes Easter Sunday Apr 5

Pricing:

1.5 hr groups	\$36/day
2 hr groups	\$48/day

*Players who attend two dates per week, with 80% attendance, will receive a 10% account credit at the end of the session.

How to pay:

All payments are done through Court Reserve. You may pay for individual charges throughout the month on your online account or wait to pay the full month's charges when you receive an emailed invoice on the first of the following month. You may also pay up at the desk if you prefer, but we encourage you to try online!

Attendance Policy:

You may add or cancel a class online **up to 24 hours** before each registered class. Cancellations past 24 hours require a call to the desk to notify of the absence, but the charge will remain. Additions to classes past 24 hours also require a call to the front desk and must be approved by a pro. **Please do not show up to a class without signing up.** Our staffing for each class is prepared in advance based on the registration numbers. Please be mindful and make sure to register for class before showing up at the club. Thank you!

Make-ups:

Those who miss a class past the 24 hour deadline may make that class up by attending the same category of class on a different day of the week (if applicable). The make-up must be done in the same Session as the missed class. Make-up classes cannot be scheduled online, you must call the front desk to ask.

If available, the club may hold a one-time make-up day for all Jr Ex groups, based on club schedule and court availability. Members would be notified of a date/time.

Junior Banquet:

The club will hold the annual Junior Awards Banquet in December to celebrate the accomplishments of our hardworking juniors. Date TBD.

Classes:

Young Players

(Compare to Junior Players Camp Level 1 in summer)

Ball: Orange
Age: 7-10
Fee: \$36/day

This energetic group is designed for players building the core fundamentals of tennis. We focus on groundstrokes technique—especially topspin—and introduce players to serving, scoring, and basic grips. Through fun, game-based drills and athletic movement, players gain confidence and prepare for early match play.

Monday 4:30 - 6pm
Saturday 9:30 - 11am

Tournament Preparation

(Compare to Junior Players Camp Level 1 in summer)

Ball: Green
Age: 8-11
Fee: \$36/day

Tournament Preparation is designed for players ready to transition to the green ball and emphasizes proper technique, footwork, and rallying skills in a fun and structured environment. Players begin to understand court positioning, basic tactics, and scoring, while developing consistency and confidence.

Monday 4:30 - 6pm
Friday 5:30 - 7pm

Competitive Training

(Compare to Junior Players Camp Level 2 in summer)

Ball: Yellow

Age: 9-13

Fee: \$36/day

Competitive Training is for players ready to transition to the yellow ball. This program focuses on improving stroke mechanics, movement, and point play in a more competitive setting. Players will learn how to structure points, develop match strategies, and handle the mental aspects of the game. The goal is to train to compete at a high level in tournaments and club competitions.

Thursday 4:30 - 6pm

Sunday 4:30 - 6pm

Elite Players

(Formerly called Tournament Excellence I)

Ball: Yellow

Age: 10-13

Fee: \$36/day

Elite Players is an advanced development group for players who are training consistently and competing regularly. Players work on developing particular skills, refining tactics, and sharpening their mental toughness. Sessions include live-ball drills, situational play, point construction, and match play. Emphasis is placed on effort and learning how to compete at a higher level.

Tuesday 5:30 - 7pm

Sunday 4:30 - 6pm

High School Players: Team

Grades: 8th-12th

Fee: \$36/day

This program is ideal for beginner to early-intermediate high school players or 8th graders preparing for JV tryouts. The focus is on building reliable fundamentals—stroke technique, movement, serve consistency, and court awareness. Players will also learn scoring, rules, and basic singles and doubles tactics. This is a great starting point for athletes looking to get more serious about tennis in a fun and encouraging environment.

Friday 4 - 5:30pm

High School Players: Varsity

Grades: 8th-12th

Fee: \$36/day

Designed for players aspiring to make their school's varsity team, this program emphasizes consistency, footwork, and point construction while introducing players to more advanced doubles strategy and mental toughness skills. Drills and match play scenarios prepare players for team competition.

Sunday 3 - 4:30pm

High School Players: Performance

(Formerly called High School Players: Elite)

Grades: 9th-12th

Fee: \$36/day

As a competitive training environment for players on their school's varsity team, these sessions focus on match-specific drills, tactical decision-making, live-ball play, and physical conditioning. Emphasis is on improving each player's skills and developing mental resilience under pressure. This class is ideal for athletes looking to contribute to their team's lineup and compete confidently in challenging match situations.

Tuesday 4 - 5:30pm

Tournament Excellence

(Compare to Tournament Players in summer)

Requirement: Pro approval

Grades: 9th-12th

Fee: \$48/day

Designed for players getting ready to compete, or already competing, in high school tennis or tournaments, this group focuses on advanced point play and situational tactics. Players are expected to rally with consistency, vary serve placement, and apply topspin or underspin in singles and doubles games. Fitness, video feedback, and match play are incorporated to sharpen competitive skills.

Wednesday 4 - 6pm

Sunday 1 - 3pm